

UPDATED: 05/03/2022

# SQUIRES

## ALLERGEN NOTICE

Due to supplier changes and product availability some of our products may have changed and so allergen information may be different.

Please speak to a team member or call us on 01271815533 if you have any questions.

SQUIRES take allergens very seriously and make every effort to ensure that we rigorously follow the guidance set out by the [Food Standards Agency](#). We continually review and update our ALLERGENS list but due to supplier changes and product shortages, ingredients and recipes may change and we would always recommend you make us aware of any allergy, particularly severe allergies, so that we can recheck individual items before ordering.















The majority of our food is fresh prepared in store daily and whilst we make every effort to control cross contamination, our ingredients and or dishes are prepared in environments where allergens are present. We therefore cannot guarantee that any item on our menu is allergen free.

**Therefore, if you have a very serious reaction to any food allergen, please seriously consider whether purchasing food from us is safe for you.**

If you would like to discuss any Allergen before ordering please call us on 01271815533 and we will be happy to help.






































































































All restaurant meals are served with chips  
M/C = May Contain

 = Contains

		Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
															
	CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	BATTER	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
FRIED FISH	COD	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	PLAICE	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	HADDOCK	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	FRIED SALMON	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	SCAMPI	M/C			M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	COD BURGER	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	HOMEMADE FISHCAKE	M/C		M/C	M/C				M/C	M/C			M/C	M/C	M/C
		POACHED SALMON													
	POACHED COD														
	POACHED HADDOCK														
	FISH PANACHE												M/C		
	SEAFOOD MIX												M/C		
	DELICIOUSLY TASTY												M/C		
	SALMON SALAD												M/C		
	CHICK/BACON SALAD (NO DRESSING)	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	
FISH SAUCES	THERMIDOR SAUCE												M/C		
	MUSHROOM & WINE SAUCE														
	TARTARE SAUCE														
CURRY DISHES	FISH CURRY									M/C	M/C	M/C			
	CHICKEN CURRY (PERI CHICKEN)									M/C	M/C	M/C			
	CURRY SAUCE	M/C			M/C	M/C		M/C					M/C	M/C	M/C
BEEF BURGERS	BURGER BUNS												M/C	M/C	
	SQUIRES SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	
	1/4LB-1/2LB BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	1/4LB-1/2LB CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	1/4LB - 1/2LB BACON CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	
CHICKEN BURGERS	CHICKEN IN A BUN	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	PERI PERI CHICKEN IN A BUN			M/C		M/C			M/C	M/C			M/C		M/C
	GRILLED PERI PERI		M/C	M/C		M/C			M/C	M/C			M/C		M/C
	BACON	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	
	CHICKEN IN A BUN SPECIAL			M/C		M/C			M/C	M/C			M/C		M/C
VEGE/VEGAN BURGERS	VEGE BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGE CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGE SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN BURGER WITH CHEESE	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGAN BURGER	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
	VEGAN BURGER WITH CHEESE	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
	VEGAN SPECIAL	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
HALLOUMI BURGER	M/C		M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C	

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		Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
															
OLD FAVS	SAUSAGES & BEANS/PEAS	M/C		M/C	M/C	M/C			M/C				M/C		
	JUMBO SAUSAGES	M/C		M/C		M/C			M/C				M/C		
	CHICKEN NUGGETS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
KIDS	COD	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	SCAMPI	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	SAUSAGE & BEANS	M/C		M/C	M/C	M/C			M/C				M/C		
	CHICKEN NUGGETS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
	BEEFBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	SML CHICKEN IN A BUN	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	FISHCAKE (REGULAR)	M/C		M/C					M/C				M/C	M/C	M/C
VEGE/VEGAN	VEGAN NUGGETS	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	QUORN SAUSAGES	M/C		M/C		M/C			M/C	M/C			M/C	M/C	
	VEGAN BURGER	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
	VEGAN BURGER WITH CHEESE	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
	VEGAN SPECIAL	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
	VEGAN CHEESY CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	VEGAN SAUSAGES	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
SIDES	CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	CHEESY CHIPS	M/C	M/C	M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
	RICE														
	SIDE SALAD														
	MIXED SALAD (NO DRESSING)														
	FRUITY SALAD (NO DRESSING)														
ACCOMPANIMENTS/SAUCES	MUSHY PEAS														
	GARDEN PEAS														
	BAKED BEANS														
	CURRY SAUCE	M/C			M/C	M/C		M/C						M/C	M/C
	THERMIDOR SAUCE												M/C		
	MUSHROOM & WINE SAUCE														
	COLESLAW		M/C												
	TARTARE SAUCE														
	KETCHUP (ALPHIES*)										*				
	MAYONNAISE														
	BROWN SAUCE														
	BBQ SAUCE (KOREAN)														
	SWEET CHILLI SAUCE (RICH SAUCES)												M/C		
	FRENCH DRESSING														
	MANGO CHUTNEY										M/C		M/C		
HONEY MUSTARD DRESSING		