



ALLERGEN NOTICE

Due to supplier changes and product availability some of our products may have changed and so allergen information may be different.
















Please speak to a team member or call us on 01271815533 if you have any questions.

SQUIRES take allergens very seriously and make every effort to ensure that we rigorously follow the guidance set out by the [Food Standards Agency](#). We continually review and update our ALLERGENS list but due to supplier changes and product shortages, ingredients and recipes may change and we would always recommend you make us aware of any allergy, particularly severe allergies, so that we can recheck individual items before ordering.
















The majority of our food is freshly prepared in store daily and whilst we make every effort to control cross contamination, our ingredients and or dishes are prepared in environments where allergens are present. We therefore cannot guarantee that any item on our menu is allergen free.

Therefore, if you have a very serious reaction to any food allergen, please seriously consider whether purchasing food from us is safe for you.

If you would like to discuss any Allergen before ordering please call us on 01271815533 and we will be happy to help.

All restaurant meals are served with chips M/C = May Contain		Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
 = Contains															
FRIED FISH	CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	BATTER	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	COD	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	PLAICE	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	HADDOCK	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	FRIED SALMON	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	HAKE	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	SCAMPI	M/C			M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	COD BURGER	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	HOMEMADE FISHCAKE			M/C	M/C				M/C	M/C			M/C	M/C	M/C
	WHITE BAIT	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
POACHED FISH/SALADS	POACHED SALMON							M/C							
	POACHED COD							M/C							
	POACHED HADDOCK							M/C							
	POACHED HAKE							M/C							
	FISH PANACHE								M/C				M/C		
	SEAFOOD MIX (Cockles contain gluten)												M/C		
	DELICIOUSLY TASTY								M/C				M/C		
	SALMON SALAD (NO DRESSING)							M/C					M/C		
	CHICK/BACON SALAD (NO DRESSING)	M/C	M/C	M/C	M/C	M/C			M/C	M/C			M/C	M/C	
FISH SAUCES	THERMIDOR SAUCE								M/C				M/C		
	MUSHROOM & WINE SAUCE														
	TARTARE SAUCE														
CURRY DISHES	FISH CURRY							M/C		M/C	M/C	M/C			
	CHICKEN CURRY		M/C							M/C	M/C	M/C		M/C	M/C
	CURRY SAUCE	M/C			M/C	M/C		M/C			M/C	M/C	M/C	M/C	M/C
BEEF BURGERS	BURGER BUNS												M/C	M/C	
	MEXICANA BEEF BURGER	M/C		M/C		M/C			M/C				M/C	M/C	
	BEEF BURGERS	M/C		M/C		M/C		M/C	M/C				M/C	M/C	
	SQUIRES SPECIAL	M/C		M/C		M/C			M/C				M/C	M/C	
	1/4LB-1/2LB BURGER	M/C		M/C		M/C		M/C	M/C				M/C	M/C	M/C
	1/4LB-1/2LB CHEESEBURGER	M/C		M/C		M/C			M/C				M/C	M/C	M/C
	1/4LB - 1/2LB BACON CHEESEBURGER	M/C		M/C		M/C			M/C				M/C	M/C	
CHICKEN BURGERS	CHICKEN IN A BUN	M/C		M/C		M/C			M/C				M/C	M/C	M/C
	PERI PERI CHICKEN IN A BUN			M/C		M/C			M/C				M/C		M/C
	GRILLED PERI PERI		M/C	M/C		M/C			M/C				M/C		M/C
	CHICKEN IN A BUN SPECIAL			M/C		M/C			M/C				M/C		M/C
	MEXICANA CHICKEN IN A BUN			M/C		M/C			M/C				M/C		
	BACON	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	
VEGE/VEGAN BURGERS	VEGE BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGE CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGE SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN BURGER WITH CHEESE	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	QUORN SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C
	VEGAN BURGER	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	VEGAN BURGER WITH CHEESE	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	VEGAN SPECIAL	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	HALLOUMI BURGER	M/C		M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C

[illegible]

All restaurant meals are served with chips M/C = May Contain		Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
 = Contains															
EXTRAS	WHITE BREAD														
	GHERKIN														
	PICKLED ONION														
	PICKLED EGG														
	COCKLES			M/C											
	ONION RINGS	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	SALT AND PEPPER SQUID	M/C		M/C	M/C	M/C		M/C		M/C			M/C		M/C
	HALLOUMI FRIES	M/C		M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
DESSERTS - PLEASE ENSURE YOU INFORM US OF ANY ALLERGY EVEN IF IT'S NOT LISTED	KNICKERBOCKER		M/C								M/C	M/C		M/C	
	CHOCOHOLICS DELIGHT											M/C			
	HONEYCOMB SUNDAE		M/C								M/C	M/C			
	CHOCOLATE BROWNIE										M/C	M/C			
	CHEESECAKE										M/C	M/C			
	APPLE PIE										M/C	M/C		M/C	
	BLACKBERRY/APPLE PIE										M/C	M/C		M/C	
	BANANA SPLIT											M/C			
	CUSTARD														
	PINEAPPLE FRITTERS	M/C		M/C	M/C	M/C		M/C	M/C	M/C	M/C	M/C	M/C	M/C	M/C
	STRAWBERRY ICE-CREAM		M/C								M/C	M/C		M/C	
	VANILLA ICE-CREAM		M/C								M/C	M/C		M/C	
	HONEYCOMB ICE-CREAM										M/C	M/C		M/C	
	CHOCOLATE ICE-CREAM											M/C			
	SORBET		M/C					M/C			M/C	M/C		M/C	
DESSERT EXTRAS	CHOCOLATE FLAKE														
	CHOCOLATE NIBBLES														
	MERINGUE														
	GOLDEN SYRUP														
	CHOCOLATE SAUCE														
	BELGIAN CHOCOLATE SAUCE														
	TOFFEE SAUCE														
	STRAWBERRY SAUCE														
DRINKS	DRINKING CHOCOLATE														
	CHOCOLATE THICKSHAKE														
	STRAWBERRY THICKSHAKE														
	VANILLA THICKSHAKE														
	BANANA THICKSHAKE														
OTHER	GLUTEN FREE BATTER	M/C	M/C*		M/C	M/C		M/C		M/C				M/C	M/C
	KASHMIRI PASTE									M/C	M/C	M/C			
	MALT VINEGAR														
	MADRAS PASTE										M/C	M/C			