## SQUIRES

## **ALLERGEN NOTICE**

Due to supplier changes and product availability some of our products may have changed and so allergen information may be different.

Please speak to a team member or call us on 01271815533 if you have any questions.

SQUIRES take allergens very seriously and make every effort to ensure that we rigorously follow the guidance set out by the <u>Food Standards Agency</u>. We continually review and update our ALLERGENS list but due to supplier changes and product shortages, ingredients and recipes may change and we would always recommend you make us aware of any allergy, particularly severe allergies, so that we can recheck individual items before ordering.

The majority of our food is freshly prepared in store daily and whilst we make every effort to control cross contamination, our ingrediants and or dishes are prepared in environments where allergens are present. We therefore cannot guarantee that any item on our menu is allergen free.

<u>Therefore</u>, if you have a very serious reaction to any food allergen, please seriously consider whether purchasing food from us is safe for you.

If you would like to discuss any Allergen before ordering please call us on 01271815533 and we will be happy to help.

	All restaurant meals are served with chips M/C = May Contain	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites	
	= Contains	" View	1	Y.	<b>S</b>	(De Caral			40	-	D.					
	CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C	
	BATTER	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C	
	COD	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
	PLAICE	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
	HADDOCK	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
FISH	FRIED SALMON	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
- C	HAKE	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
FRIED	SCAMPI	M/C			M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C	
"	COD BURGER	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
	HOMEMADE FISHCAKE			M/C	M/C				M/C	M/C			M/C	M/C	M/C	
	WHITE BAIT	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C	
	POACHED SALMON							M/C								
DS	POACHED COD							M/C								
¥	POACHED HADDOCK							M/C								
FISH/SALADS	POACHED HAKE							M/C								
FISF	FISH PANACHE								M/C				M/C			
	SEAFOOD MIX (Cockles contain gluten)												M/C			
P	DELICIOUSLY TASTY								M/C				M/C			
РОАСНЕD	SALMON SALAD (NO DRESSING)							M/C					M/C			
_	CHICK/BACON SALAD (NO DRESSING)	M/C	M/C	M/C	M/C	M/C			M/C	M/C			M/C	M/C		
S	THERMIDOR SAUCE								M/C				M/C			
FISH	MUSHROOM & WINE SAUCE															
SA	TARTARE SAUCE															
> v	FISH CURRY							M/C		M/C	M/C	M/C				
CURRY DISHES	CHICKEN CURRY		M/C							M/C	M/C	M/C		M/C	M/C	
o a	CURRY SAUCE	M/C			M/C	M/C		M/C			M/C	M/C	M/C	M/C	M/C	
	BURGER BUNS												M/C	M/C		
3S	MEXICANA BEEF BURGER	M/C		M/C		M/C			M/C				M/C	M/C		
RGERS	BEEF BURGERS	M/C		M/C		M/C		M/C	M/C				M/C	M/C		
BUR	SQUIRES SPECIAL	M/C		M/C	EGG IN MAYO		M/C			M/C				M/C	M/C	
BEEF E	1/4LB-1/2LB BURGER	M/C	ONLY	M/C			M/C		M/C	M/C	, v			M/C	M/C	M/C
BE	1/4LB-1/2LB CHEESEBURGER	M/C	BUNG	M/C			M/C			M/C	I MA E M/			M/C	M/C	M/C
	1/4LB - 1/2LB BACON CHEESEBURGER	M/C	8	M/C	Z	M/C			M/C	NI DI			M/C	M/C		
RS	CHICKEN IN A BUN	M/C		M/C		M/C			M/C	OTHERWISE M/C			M/C	M/C	M/C	
BURGERS	PERI PERI CHICKEN IN A BUN			M/C	ŭ	M/C			M/C	MU.			M/C		M/C	
BUF	GRILLED PERI PERI		M/C	M/C		M/C			M/C				M/C		M/C	
	CHICKEN IN A BUN SPECIAL			M/C		M/C			M/C				M/C		M/C	
CHICKEN	MEXICANA CHICKEN IN A BUN			M/C		M/C			M/C				M/C			
끙	BACON	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C		
	VEGE BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
S	VEGE CHEESEBURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
GEF	VEGE SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
ÜŘ	QUORN BURGER	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
Z,	QUORN BURGER WITH CHEESE	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
-GA	QUORN SPECIAL	M/C		M/C		M/C			M/C	M/C			M/C	M/C	M/C	
\frac{1}{2}	VEGAN BURGER	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C	
VEGE/VEGAN BURGERS	VEGAN BURGER WITH CHEESE	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C	
>	VEGAN SPECIAL	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C	
	HALLOUMI BURGER	M/C		M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C	

	All restaurant meals are served with chips M/C = May Contain	Celeny	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
	= Contains		No.	T.	S	(Caral				(MUNICONI)	2			3 E	
	SAUSAGES & BEANS/PEAS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		
	JUMBO SAUSAGES	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
١٧s	CHICKEN NUGGETS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
OLD FAVS	STEAK AND ALE PIE			M/C	M/C				M/C				M/C		
OLI	CHICKEN AND MUSHROOM PIE	M/C		M/C	M/C	M/C			M/C				M/C		
	FRIED CHICKEN	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	CRISPY CHICKEN LOADED FRIES*	M/C		M/C		M/C		M/C	M/C	M/C			M/C	M/C	M/C
	COD	M/C		M/C	M/C			M/C	M/C	M/C			M/C	M/C	M/C
	SCAMPI	M/C			M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	SAUSAGE & BEANS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		
٠,	CHICKEN NUGGETS	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
KIDS	BEEFBURGER	M/C	BUN	M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
	CHEESEBURGER	M/C	N H	M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
	SML CHICKEN IN A BUN	M/C		M/C	M/C	M/C			M/C	M/C			M/C		M/C
	HOMEMADE FISHCAKE			M/C	M/C				M/C	M/C			M/C	M/C	M/C
	FISHCAKE (REGULAR)	M/C		M/C	M/C				M/C				M/C	M/C	M/C
z	VEGAN BURGER	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
Y	VEGAN BURGER WITH CHEESE	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
VEGE/VEGAN	VEGAN SPECIAL	M/C		M/C	M/C	M/C		M/C	M/C				M/C		M/C
EGE	VEGAN CHEESY CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
>	VEGAN SAUSAGES	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C		M/C
	CHIPS	M/C	M/C	M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	CHEESY CHIPS	M/C	M/C	M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
SIDES	RICE														
SIC	SIDE SALAD														
	MIXED SALAD (NO DRESSING)														
	FRUITY SALAD (NO DRESSING)														
	MUSHY PEAS														
	GARDEN PEAS														
	BAKED BEANS														
	CURRY SAUCE	M/C			M/C	M/C		M/C			M/C	M/C		M/C	M/C
	THERMIDOR SAUCE								M/C				M/C		
l s	MUSHROOM & WINE SAUCE														
E	COLESLAW		M/C												
,SAI	TARTARE SAUCE														
TS/	KETCHUP BLENDERS														
\( \frac{1}{2} \)	KETCHUP HEINZ														
ACCOMPAINIMENTS/SAUCES	MAYONAISSE														
PA	VEGAN MAYONNAISE														
<u>N</u>	BROWN SAUCE														
) }	BBQ SAUCE														
`	SWEET CHILLI SAUCE														
	FRENCH DRESSING														
	MANGO CHUTNEY										M/C		M/C		
	BEEF GRAVY			M/C	M/C				M/C				M/C		
	CHIPOTLE MAYO BLENDERS														
	HONEY MUSTARD DRESSING														

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	= Contains		Mary Control	Y.	<b>S</b>	() (a)			40	Mary Mary	2				
	WHITE BREAD														
	GHERKIN														
	PICKLED ONION														
RAS	PICKLED EGG														
EXTRAS	COCKLES			M/C											
_	ONION RINGS	M/C		M/C	M/C	M/C		M/C	M/C	M/C			M/C	M/C	M/C
	SALT AND PEPPER SQUID	M/C		M/C	M/C	M/C		M/C		M/C			M/C		M/C
	HALLOUMI FRIES	M/C		M/C	M/C	M/C			M/C	M/C			M/C	M/C	M/C
OF	KNICKERBOCKER		M/C								M/C	M/C		M/C	
) S(	CHOCOHOLICS DELIGHT											M/C			
ML	HONEYCOMB SUNDAE		M/C								M/C	M/C			
PLEASE ENSURE YOU INFORM US LERGY EVEN IF IT'S NOT LISTED	CHOCOLATE BROWNIE										M/C	M/C			
N P	CHEESECAKE										M/C	M/C			
UO' N S'	APPLE PIE										M/C	M/C		M/C	
RE YOU IF IT'S	BLACKBERRY/APPLE PIE										M/C	M/C		M/C	
USUF EN I	BANANA SPLIT											M/C			
EVE EVE	CUSTARD														
<mark>LEASE</mark> ERGY	PINEAPPLE FRITTERS	M/C		M/C	M/C	M/C		M/C	M/C	M/C	M/C	M/C	M/C	M/C	M/C
P.E.	STRAWBERRY ICE-CREAM		M/C								M/C	M/C		M/C	
S - PI	VANILLA ICE-CREAM		M/C								M/C	M/C		M/C	
ERTS ANY	HONEYCOMB ICE-CREAM										M/C	M/C		M/C	
DESSERTS - ANY AL	CHOCOLATE ICE-CREAM											M/C			
	SORBET		M/C					M/C			M/C	M/C		M/C	
	CHOCOLATE FLAKE														
4S	CHOCOLATE NIBBLES														
T.R	MERINGUE														
🖺	GOLDEN SYRUP														
DESSERT EXTRAS	CHOCOLATE SAUCE														
ESS	BELGIAN CHOCOLATE SAUCE														
	TOFFEE SAUCE														
	STRAWBERRY SAUCE														
	DRINKING CHOCOLATE														
IKS	CHOCOLATE THICKSHAKE														
DRINKS	STRAWBERRY THICKSHAKE														
-	VANILLA THICKSHAKE BANANA THICKSHAKE	-													$\vdash \vdash \vdash$
	GLUTEN FREE BATTER	M/C	M/C*		M/C	M/C		M/C		M/C				M/C	M/C
ER	KASHMIRI PASTE	141/0	141/ C		141/ C	141/ C		141/ C		M/C	M/C	M/C		141/ C	141/ C
OTHER	MALT VINEGAR									, 0	, 5	, 5			$\vdash$
	MADRAS PASTE										M/C	M/C			